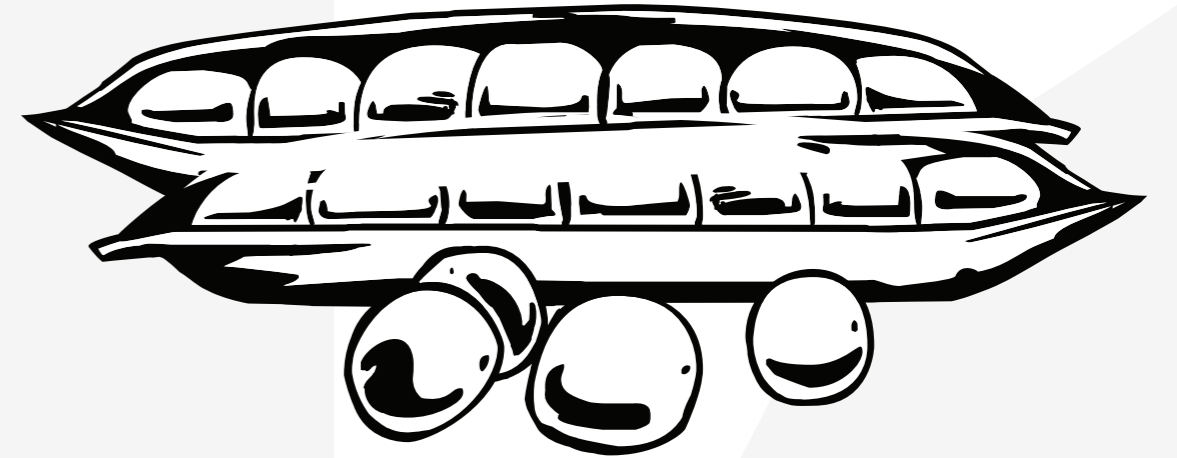


EAT LIKE A RANGER

One of the best ways to eat like a ranger is to have fresh fruits and vegetables that are in season. Here are some great healthy foods to look for and enjoy this spring.



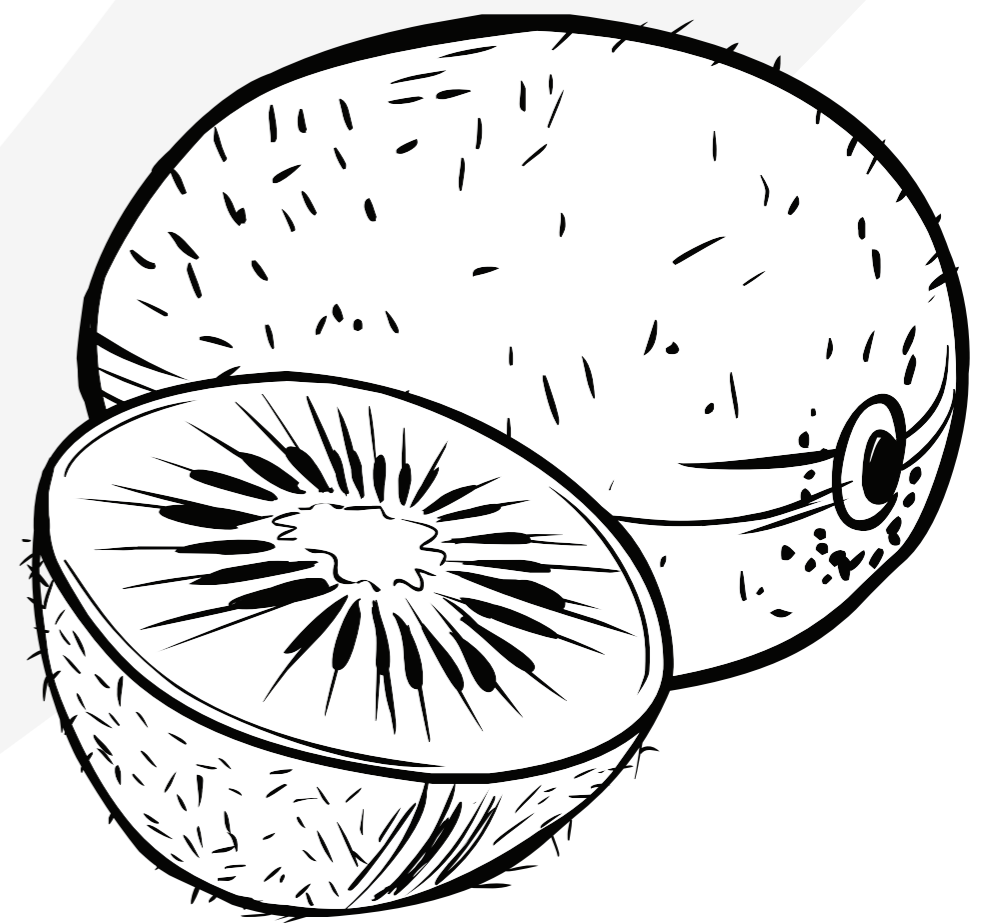
Strawberries



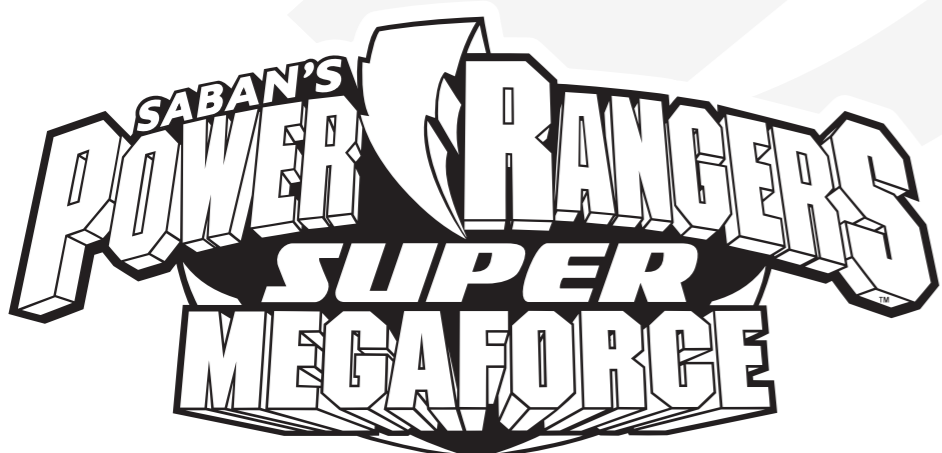
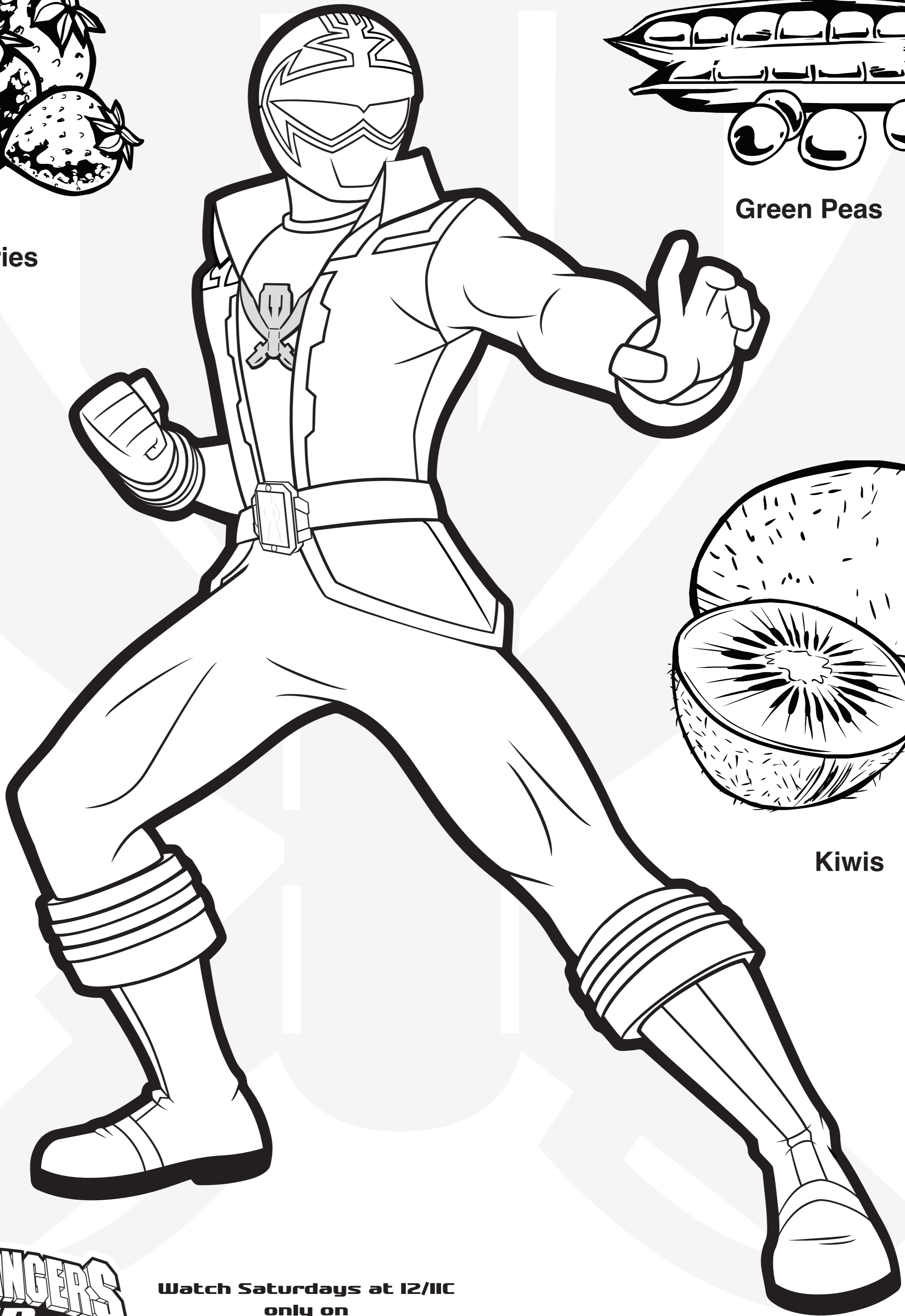
Green Peas



Asparagus



Kiwis



Watch Saturdays at 12/11C
only on

nickelodeon